

Little Lessons

RISE AND SHINE

Preschool Packet I



Arkansas  PBS



Welcome, friends!

This booklet contains a variety of activities to engage young learners. The first part of the booklet includes activities related to literacy, math, and music. The final part of the booklet includes fun activities for the entire family! In addition to these activities, you can visit myarkansaspbs.org/riseandshine for mini lessons with some of the best teachers in Arkansas along with other fun content to continue learning at home!

Kids – Start on page 3.
Parents & caregivers –
Start on page 10.

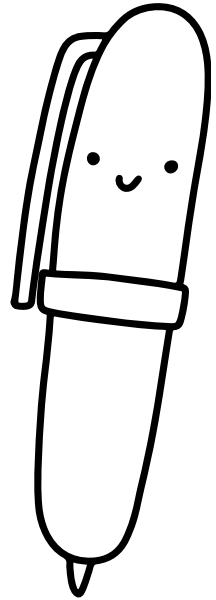
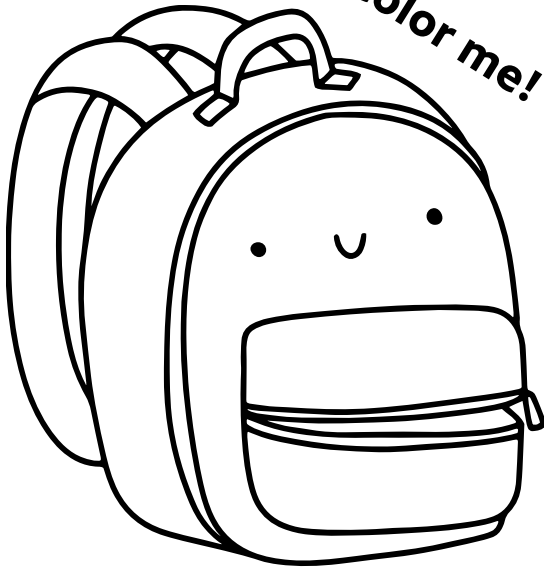
¡Este paquete también está
disponible en español!

myarkansaspbs.org/riseandshine/es

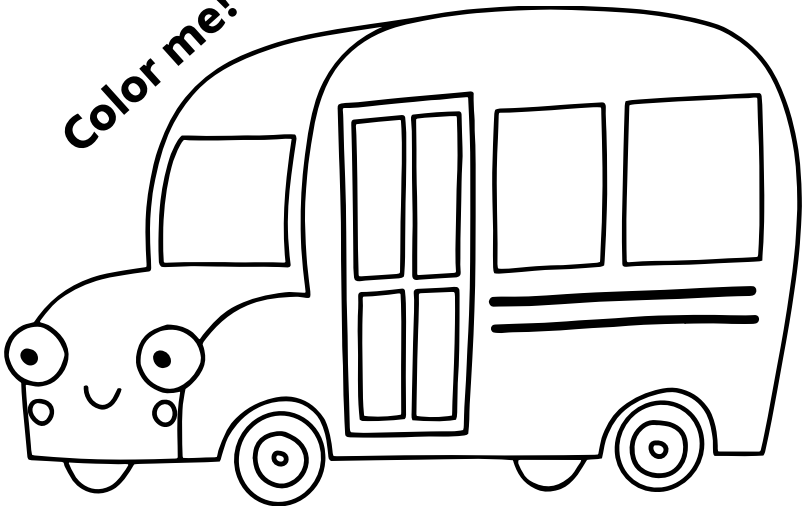


Let's Learn!

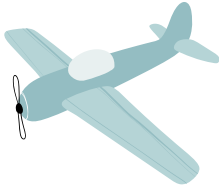
Color me!



Color me!



Does it Rhyme?



plane



train

yes



no



cat



hat

yes



no



bed



pig

yes



no



bug



mug

yes



no



Answers: yes , yes , no , yes 

complete the rhyme



The **cat** is wearing a

.



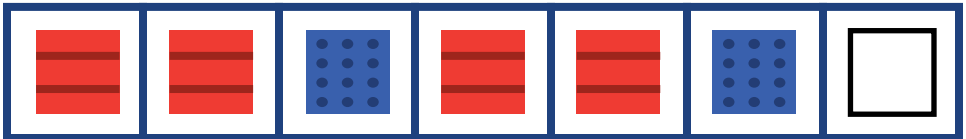
The **frog** is sitting on a

.

Answers: hat, log

Block Patterns

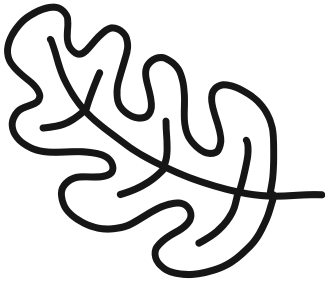
Color in the last block of each row to continue the pattern.



Answers: blue, red, green, red

Pattern Board

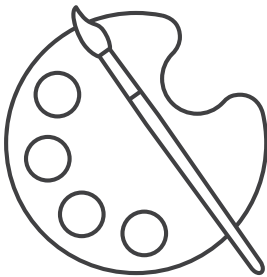
Choose one, a few, or all the choices for more practice with patterns!



Make a pattern with objects from nature.
Example: leaf, leaf, twig, leaf, leaf, twig



Make a sound pattern.
Example: stomp, clap, clap, stomp, clap, clap



Make a pattern using different colors.
Example: red, blue, red, blue



Make a pattern with different body movements.
Example: spin, hop, hop, spin, hop, hop

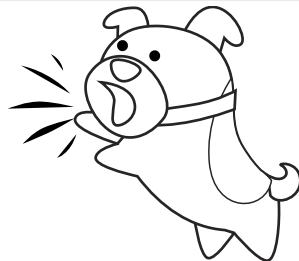
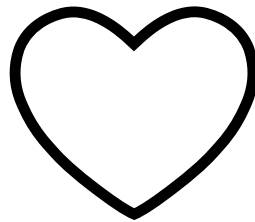
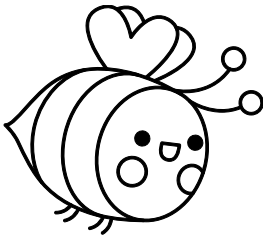
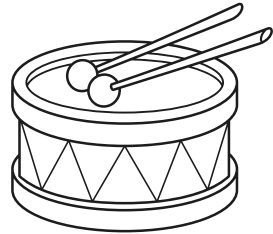
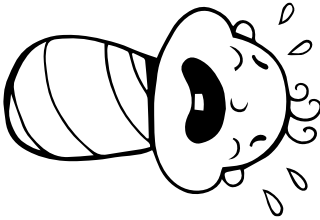
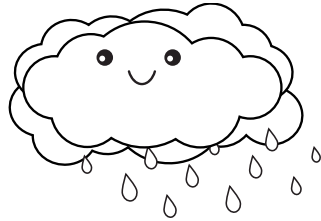
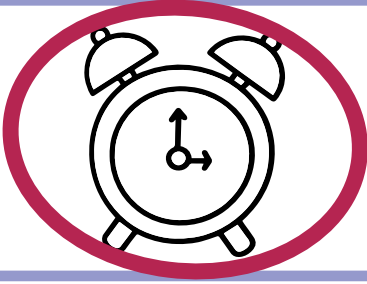
Vocal Exploration

Help the animals get to their food! Draw lines for the cat and mouse to get to their food. Then follow the lines with your singing voice. When the line goes high, your voice goes high. When the line goes low, your voice goes low.



Steady Beat

Circle the object in each row that usually has a steady beat.
The first row is done for you.



Answers: clock, drum, heart, clapping hands

Family Power Hour

outdoor Activities

Let's explore nature! Here are some fun family activities to explore nature around you! Choose one activity or do them all.

Patterns, shapes, and colors! Oh my!

Go on a search for patterns, shapes, or colors in nature. Some examples are flowers, clouds, and animals. Look closely and see what you discover!

See the seeds!

Go on a seed search! When you think of seeds, you might think of sunflower seeds or apple seeds. However, there are seeds all throughout nature! Did you know acorns, walnuts, and pinecones are also seeds? Take a walk to see what you find.

Sounding it out!

Take a listen! What kinds of sounds can you hear in nature? How many sounds do you hear? What sound is the loudest? Do you hear any repeated sounds or sound patterns? Sometimes you can even feel sounds through their vibrations. What do you hear and feel in nature?

Hey, parents! If you post any pictures while you and your family are out exploring nature, tag us!
#ARFamilyPowerHour #RiseandShineAR



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Family Power Hour

Indoor Activities

Enjoy a family night! Here are some fun activities to spend quality time together! Choose one activity or do them all.

Cook together!

Spend time together in the kitchen! Cooking together gives children an opportunity to practice skills like math and reading. It also provides opportunities to explore different smells, tastes, and textures. Choose a favorite family recipe or something new!



Construct an obstacle course!

Use household items like pillows, chairs, books, cardboard boxes, painter's tape, and string! Take turns through the course and see who can finish the fastest.

Tell me more!

Take turns learning more about each other! Here are a few questions to get you started.

- What is your favorite game to play?
- What is your favorite summer activity?
- What are your favorite animals, and why?



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